

WINTER 2020 PILATES CLASS SCHEDULE @ Fix Downtown

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8AM - 9AM Supervised Equipment Pilates (call to reserve)	8AM - 9AM Supervised Equipment Pilates (call to reserve)		
			10AM – 11AM Supervised Equipment Pilates (call to reserve)		10:30AM – 11:30AM Supervised Equipment Pilates (call to reserve)
12PM - 1PM Mat Pilates Drop-in	12PM - 1PM Supervised Equipment Pilates (call to reserve)	12PM - 1PM Mat Pilates Drop-in		12PM - 1PM Fundamentals of Pilates Drop-in	
	1PM - 2PM Supervised Equipment Pilates (call to reserve)	1PM - 2PM Supervised Equipment Pilates (call to reserve)		1PM - 2PM Supervised Equipment Pilates (call to reserve)	
5PM - 6PM Supervised Equipment Pilates (call to reserve)		5PM - 6PM Supervised Equipment Pilates (call to reserve)			
6PM - 7PM Supervised Equipment Pilates (call to reserve)					

Please note all drop-in classes are posted in red. All Supervised Classes are posted in grey.